



Rotary Club of Los Alamos

District 5520 Club 1312 chartered August 19, 1966 PO Box 853 Los Alamos, NM 87544 <u>www.rotarylosalamos.com</u>



The Rotary Bell

Rotary Awareness Month

January 22, 2017

The Four-Way Test: In the things we think, say or do: Is it the Truth? Is it Fair to all concerned? Will it build Good Will and Better Friendships? Will it be Beneficial to all concerned?

Rotary International 2016-17



Weekly Newsletter In This Issue --This Week's Program and Other Meeting Highlights --This Week's Announcements, Notes & Thanks

When & Where + Program & Meeting Highlights

Please join us **Tuesday**, **January 24**th, at **11:45 a.m.** at the **Golf Course meeting room**,

located on the west end of the complex. -- Lunches will be provided by **Cottonwood on the Greens.** -- The menu will be forwarded to you over



the weekend. Be sure to e-mail your lunch order and any for your guests to Chris Sierk.

- -- Sgt. at Arms: Jane Phillips
- -- Rotary Minute: Sandy Snow
- -- Fines: Phil Dabney

-- Our Program: -- Cheryl Pongratz, program director of Los Alamos Family Council (LAFC), will bring us up to date on services offered by the local non-profit whose mission is "to promote emotional



--This Month's Club Assignments

- --This Month's Programs
- --This Month's Birthdays
- --Current Calendar Notes
- --District 5520 and Rotary Intl. News
- --President's Column

Weekly Meetings Every Tuesday at 11:45 a.m. The Golf Course Meeting Room 4290 Diamond Dr. (Trinity Dr., right on Diamond, 2 mi.)

Board Meetings Everyone Welcome! We meet the 2nd Thursday of the month at 4:15 p.m. in offices of the Los Alamos Daily Post, 1247 Central.

2016-2017 Club Board Members President: Rob Metcalf President-Elect: Laura Loy Secretary: Nancy Cerutti Treasurer: Ed Van Eeckhout Immediate Past President: Alison Pannell

Membership: Skip King Public Relations: Linda Hull Avenues of Service: Skip King Rotary Foundation: Steve Ciddio STARS: LeAnne Parsons

Avenues of Service Chairs Club: Oliver Morris Community: Melanie Bennett International: Jean Gindreau New Generations: Alex Zubelewicz Vocational: Shelley Wiemann and social well-being by providing advocacy, education, prevention and counseling. -- Many of us might not realize that the Family Council operates two Youth Activity centers, offers counseling programs for alcohol and substance abuse, counseling for individuals, groups, and families, and counseling and resources for victims of domestic violence, sexual assault, trauma, and PTSD. --LAFC also offers the only DWI school in Los Alamos County.

Notes & Announcements & Thanks

-- Lucy's Back: Rotary Ambassadorial Scholar Lucy Gent Foma,

who studied in Senegal, and has written *Funded! How I Leveraged My Passion to Live a Fulfilling Life and How You Can, Too,* will lead an Interact workshop based on the title of her book this Wednesday the 25th at the Teen Center on Ashley Pond, 4:00-6:00 p.m. -- If you recall her presentaion in November, you know she is enthusiastic and inspiring.



-- It's Official: From RI, "Rotary International President-elect Ian



H.S. Riseley made the case on Monday that protecting the environment and curbing climate change are essential to Rotary's goal of sustainable service. Riseley, a member of the Rotary Club of Sandringham, Victoria, Australia, unveiled the

2017-18 presidential theme, *Rotary: Making a Difference*, to incoming district governors at Rotary's International Assembly in San Diego, California, USA.

Environmental degradation and global climate change are serious threats to everyone, Riseley said. "They are having a disproportionate impact on those who are most vulnerable, those to whom Rotary has the greatest responsibility. Yet environmental issues rarely register on the Rotary agenda," he said.



Environmental degradation is one of the major threats listed by the UN's High-level Panel on Threats, Challenges, and Change. Riseley added, "The time is long past when environmental sustainability can be dismissed as not Rotary's concern. It is, and must be, everyone's



concern."

The president-elect challenged every Rotary club to make a difference by *planting a tree* for each of its members between the start of the Rotary year on 1 July and Earth Day on 22 April 2018.

Trees remove carbon dioxide and other greenhouse gases from the air, which slows



Our Assistant Governor Pat Murray of Santa Fe



Our Youth Exchange Student Ida Mattila of Finland

Ongoing Project LA Cares Donations of non-perishable food and personal hygiene items are collected on the last Tuesday of the month.



Contact Us Rotary Club of Los Alamos PO Box 853 Los Alamos, NM 87544

Rob Metcalf, President 505-662-2358 * 505-670-8336 rob@ovinuppi.com

Nancy Cerutti, Secretary 505-672-1682 nscerutti@att.net

STARS

(Service To All Rotary Satellite) The Rotary Satellite Club of Los Alamos Meets 1st and 3rd Wednesdays, 5:30-6:30, VFW, 1793 Deacon (behind CB Fox) global warming. "It is my hope that the result of that effort will be far greater than the environmental benefit that those 1.2 million new trees will bring," Riseley said. "I believe the greater result will be a Rotary that recognizes our responsibility not only to the people on our planet, but to the planet itself."

In his address to the 2017-18 class of district governors, Riseley also urged clubs to **improve their gender balance** and **lower the average age of their members.** Only 22 percent of Rotary's members are women, up from 13 percent 10 years ago. At that rate, Riseley said, it will take another three decades for Rotary to achieve gender parity. We know that we can do more together than we could ever hope to do alone. "Three decades is far too long to wait to achieve a Rotary that reflects the world in which we live. We need to make it a priority now," he said. Noting that 103 of the 539 incoming

governors are women, Riseley said they are the type of women we need in Rotary, "leaders who will help Rotary connect with, and represent, and better serve, all of the members of all our communities." -- Riseley also believes it is imperative that

clubs **find ways to attract and engage younger members**. Today only 5 per-cent of reported members are under 40, and a majority of members are over 60, Riseley told the audience. "Consider what Rotary stands to look like 10 or 20 years from now if we don't get very serious, very soon, about bringing in younger members," Riseley said. Clubs will make a difference this year through their own decisions, said Riseley, but it **will take team-work on a global scale** to move Rotary forward and secure its future. "We know that we can do more together than we could ever hope to do alone," he told incoming governors. "I ask you to keep that spirit of teamwork and cooperation always in your minds and to take it back with you to your districts."

-- Laura Loy to Serve as President-elect: Carol Clark, who had hoped to fulfill her year as Presi-

dent- elect 2016-17 and to serve as Club President 2017-18, recently notified the Club that demands at work--her rapidly-growing online Daily Post--will prevent her from serving in the way she had hoped. – Upon invitation, President-electelect (PEE) Laura Loy has graciously agreed to



step

forward to fill Carol's remaining term as PE and Club President. --Laura has been a member of our Club since 2012 and until recently was the chair of STARS (Service To All Rotary Satellite). -- Carol would like to serve the Club by recruiting members, suggesting program ideas, and providing publicity opportunities. STARS is a group of motivated Los Alamos Rotarians who are determined to fit community and international service into their busy lifestyles, while at the same time having FUN!



Melissa Metcalf, Gloria Brehm, Alex Zubelewicz, Kim Selvage, Michael Erickson, LeAnne Parsons, Laura Loy, Ian Foti-Landis, Antonya Sanders, Jim Nesmith, Colette Levine, (being proposed, Dawn and Mark Voss)



Interact Meets 2nd and 4th Wednesdays, 4:00-5:00, The Teen Center







www.facebook.com/LosAlamosRotary www.facebook.com/RotarySTARS www.facebook.com/InteractLosAlamos

Club: www.losalamosrotary.com District: www.rotary5520.org International: www.rotary.org



Rio Grande Academy:

This training schedule for the January 21st-22nd weekend was cancelled due to con-



flicts with the state legislative session and other scheduling problems not completely clear.



-- Let's Play Ball!: Membership chair Skip King writes, "On January 3rd, we will officially kick off our 2nd Annual Let's Play Ball Membership Campaign. -- Since last June we have *lost 15 members* for various reasons. Our meetings have been lightly attended. Between now and January 3rd think about individuals you would like to invite to Rotary.

Remember the Club will pay for lunch Here are the teams. Find your name and please get ready to Play Ball!

TEAM #1MARLINSLINDA HULL, TEAM CAPTAINChris Sierk, Alison Pannell, Bonnie Gordon, Mary Burns, Kerry Burns, Bethany
Tierney

TEAM #2CARDINALSLAURA GONZALES, TEAM CAPTAINAnn and Bob Macek, Jen and Jaret McDonald, Chuck Tallman, Laura Gonzales

TEAM #3ORIOLESDONNIE TORRES, TEAM CAPTAINVince Chiravalle, Mike Lippiatt, Gary DeRosier, Linda King, Dawn Brown

TEAM #4ASTROSCAROL CLARK, TEAM CAPTAINBev Cooper, Thurman Talley, Paul Fredrickson, Ed Van Eeckhout, Nancy Cerutti

TEAM #5DODGERSSHELLY WIEMANN, TEAM CAPTAINBrian Newnam, Jane Phillips, Sandy Snow, Mary Beth Maassen, Anna Caspersen

TEAM #6ANGELSOLIVER MORRIS, TEAM CAPTAINAndrea Cunningham, Doug Wilson, Christa Tyson, Linda Anderson, Rob Metcalf

TEAM #7CUBSPHIL DABNEY, TEAM CAPTAINJudy Goldie, Nina Thayer, Karen Easton, Lewis Muir, Steve Ciddio

TEAM #8BREWERSJEAN GINDREAU, TEAM CAPTAINTony Chan, Tom and Myrna McDonald, Sarah Rochester, Brian Bennett, MelanieBennett

TEAM # 9GIANTSIAN FORTI-LANDIS, TEAM CAPTAINIan Foti-Landis, Melissa Metcalf, Alex Zubelewicz, Vince Marciano, AntonyaSanders. Kim Selvage

TEAM #10 YANKEESLEANNE PARSONS, TEAM CAPTAINColette Levine, Michael Erickson, Gloria Brehm, Jim Nesmith, Trish Gallegos

Make-Up Meetings Rotary Club of Santa Fe Thursdays, 12:00 noon Hilton Santa Fe, 100 Sandoval

Rotary Club of Santa Fe Centro Tuesdays, 8:00 a.m. Chocolate Maven 821 W. San Mateo Rd.

Rotary Club of Santa Fe del Sur Wednesdays, 12:00 p.m. Red Lobster, 4450 Rodeo Dr.

Rotary Club of Taos Milagro Wednesdays, 7:20 a.m. Quality Inn 1043 Paseo del Pueblo Sur

Easy On-Line Make-Up Meetings www.rotarymakeup.org. Info.? Frances deNuit Rotary eClub of the Southwest USA drfdenuit@yahoo.com 505-920-2600



On the Road? If you are traveling anytime of the year and plan to visit a Rotary Club, please be sure to take one of our 'trade banners' with you. They are available from our Club Secretary Becky Ehler.

Who Am I? I build bridges. I eradicate polio. I mentor tomorrow's leaders. I pump clean water. I provide shelter to disaster victims. I build communities. I teach the world to read.

-- Saturday, February 25th: Remember Me?

Well, it's that time of year again--Crab Fest--so mark your calendars for Saturday, February 25th, Knights of Columbus Hall. Doors open at 5:30 for social time, cash bar, and silent auction bids; 7:00, the *all-you-can-eat crab and prawns familystyle dinner* with sides and dessert will be served, catered by Blue Window Bistro, and



followed by a live(ly) auction. -- Tickets are still a bargain at \$50 and available from Skip King, Crab Fest chair. Reserve your table for 10 now! Open sale of individual tickets will begin February 7th, so this is the best time to purchase a table. -- Be sure to add your donations for the live and silent auctions to the list being circulated at the meetings. The auctions are being chaired by Shelly Wiemann and Laura Gon-zales. -- With our own Interact Club now, chartered through Alison Pannell's efforts and led by LeAnne Parsons and Ian Foti-Landis, these students will be on hand as Crab Fest servers.



-- Member News:

**Laura Loy demonstrates her acting ability in a UNMLA YouTube video regarding the upcoming mil levy election. Please go to www.ladailypost.com and then search for UNMLA Myth Buster. Yes, Laura's the one in the trench coat and sunglasses.

**Anne Macek has just completed training to be a docent at the Los Alamos Historical Museum, which has just undergone renovations and re-opened December 30th. Thank you for your service to our community, Anne!

**Linda Anderson is now resting comfortably at home in White Rock after several weeks of medical rehabilitation in Sombrillo. She would enjoy hearing from you!





**Anna Caspersen plans to return to Rotary soon! That's great news for all of us!

Sgt. at Arms	This Month's Rotary Minute	Finemaster
January:		
3 TBA	Rob Metcalf	TBA
10 Oliver Morris	Nina Thayer	Donnie Torres
17 Judy Goldie	Lewis Muir	Donnie Torres
24 Jane Phillips	Sandy Snow	Phil Dabney
31 Steve Ciddio	Sarah Rochester	Donnie Torres

I create peace through service.

I am a Rotarian.

Order Rotary Merchandise

Russell-Hampton www.bestclubsupplies.com 800-877-8908

National Award Services www.clubsupplies.com 800-810-2100

Recent Exchange Students



Ida Mattila Finland 2016-2017







Germany 2015-2016





Thomas Routiaux Belgium 2013 -2014

Mille Nikolaisen Denmark 2012 - 2013



Eva Hauzar Switzerland Samantha Hellessey Australia

This Month's Programs



-- January 3: During the annual January Club Assembly, President Rob will review the highlights of July-December 2016 and address goals and plans for the second half of his year, January-June 2017. -- Board members will also speak

briefly about their positions and how each serves the Club.

-- January 10: Siobhan Niklasson, Education Programs Coordina-to tor for PEEC, our local nature center, will tell us about the importance o



outdoor play for children. --We will also present her with a check in the amount of \$500. a matching District grant our Club was awarded, for enhancing **PEEC's grounds with shrubs**



and other plantings. -- FYI: Siobhan, a traditional Irish name, is pronounced as 'Shi-von'.

-- January 17: Let It Snow, Let It Snow, Let It Snow! As we prepare for the season's wintriest weather,



Tom Long, general manager of the Pajarito Ski Hill, will tell us all about snow-making, the procedures and methods used here at our local ski hill, when and why it is needed, and how the system operates and is maintained.

-- January 24: Cheryl Pongratz, program director of Los Alamos Family Council (LAFC), will bring us up to date on services offered by the local non-profit whose mission is "to promote emotional and social well-being by providing advocacy, education, prevention and counseling. -- Many of us might not realize that the Family Council operates two Youth Activity centers, offers counseling programs for alcohol and substance



abuse, counseling for individuals, groups, and families, and counseling and resources for victims of domestic violence, sexual assault, trauma, and PTSD. -- LAFC also offers the only DWI school in Los Alamos County.



-- January 31: Allison Swenson, Major Gifts Officer of the Santa Fe Opera and friend of Rotarian Karen Easton, will tell us about the upcoming season and the many creative ways sponsorships support the internationallyrenowned Opera.

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Where You'll Find Our Club Support

Satellite Club (STARS--Service To All Rotary Satellite); projects in Guatemala, the Dominican Republic, and South Africa; support for the Posse Lodge, LA Cares, Boy Scouts, LAHS Hilltalkers & Robotics teams, Self-Help, Family Strengths Network, Little League, Horses for Heroes, Paws and Stripes; tutoring at the library; reading in elementary schools; LAMS 4-Way Test Essay **Competition: LAHS Cookies and** Conversation; Students of the Month; generous financial awards to LAHS seniors; the Deborah Beene Music Awards; grants to pay for UNM-LA GED exam fees and for **Books for Babies at LAMC; Polio** Plus: Sonny Brown Business Award: students to RYLA leadership camp; outbound and inbound exchange students; Group Study Exchange and Ambassadorial Scholars; blood drive; LAHS Memorial Garden; Mesa Public Library Garden; Clean-Up Los Alamos; AED for Fuller Lodge; Opera on the Rocks, picnic tables for PEEC Nature Center; Bandelier naturalization ceremony + more!

Where You'll Find Us Raising Funds

Annual Crab Fest: last Saturday in February ¡Fiesta Los Alamos!: late July or early August



January 25: Andrea Cunningham



Current Club Calendar Notes

-- Saturday, February 25th: It's Crab Fest! Our 8th annual (and largest) fundraiser of the year) will be held once again at Knights of Columbus Hall. Doors open at 5:30 for social time, cash bar, and silent auction bids; 7:00, the *all-you-can-eat crab and prawns family-style dinner* with sides and dessert will be served, catered by Blue Window



Bistro, and followed by a live(ly) auction. Tickets remain \$50 per person; tables of 10 encouraged. -- Please see details above in 'Notes & Announcements & Thanks'.



-- Mark Your Calendars!: We are hosting a Rotary Friendship Exchange (RFE) from Oregon, March 22-26 (Wednesday-Sunday). -- At this time, three couples and three individual women have registered to visit us here in District 5520. -- Chris writes, "Several members have been hard at work

planning for our RFE Guests in March. We have tentative plans for a trip to Ortega Weaving and Rancho de Chimayo, an all Club potluck brunch at the Rochesters' beautiful home, visits to Bandelier, PEEC, the new Historical Museum and Bethe House, a tour with Buffalo Tours (Georgia Strickfaden), an all Club potluck dinner at the Sierks', and a trip to Santa Fe. If you are interested in participating in any of the above, and possibly helping with driving, please *contact Chris (662-3894 or acsierk@hotmail.com).* We want as many Club members (including STARS) to be involved as possible!"

Regular Monthly Meetings

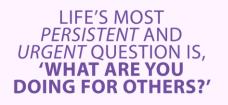


-- Monthly Board Meeting: Our monthly Board meeting will be held *Thursday*, *January 12th* at <u>4:15 p.m.</u> at the offices of The LA Daily Post on 1247 Central Avenue. Everyone welcome!

REAL GENEROSITY TOWARD THE FUTURE

LIES IN GIVING ALL TO THE PRESENT.

ALBERT CAMUS



Martin Luther King Jr.

-- STARS (Service To All Rotary Satellite) will meet first and third Wednesdays of the month: January 4th and 18th at 5:30-6:30 at the VFW, 1793 Deacon St. (behind CB Fox).



tl



-- Interact: This community-based youth organization will meet the second and fourth Wednesdays of the month: January 11th and 25th at 4:00-5:00 p.m. at the Teen Center on Ashley Pond.

-- Updates from STARS and from Interact:

-- STARS has at least one candidate to propose for membership through Let's Play Ball and are looking forward to serving on upcoming committees for the 4-Way Test Essay Competition, chaired by Andrea Cunningham, and the scholarships.

-- Interact students will serve at Crab Fest and have also adopted LA Mountain (clean-up) in cooperation with the US Forest Service. They are also forging successfully ahead with recruiting students for Bridge the Gap, a way to offer area high school students opportunities to take advantage of scholarships, college counseling, and so forth.

District 5520 and Rotary International News

-- Friday-Saturday, February 24-25: The District President-elect Training Seminar (PETS) will be held in El Paso, Texas at the Marriott Hotel on Airway Blvd. -- Please visit www.district5520.org and click for more information in the left column.



-- Thursday-Sunday, May 4-7: The District 5520 Annual Convention will be held in Albuquerque at the Sheraton Albuquerque Uptown Hotel on Louisiana. Please visit www.district5520.org and click for more information in the left column.

Rotary Friendship Exchange (RFE)



-- From Donna Pedace, District 5520 Rotary Friendship Exchange (RFE) Coordinator: I'd like to "alert you that we will be sending a return group to visit western Oregon and northern California next August 3-15. I am not yet taking reservations for that trip, but I thought this could give anyone interested in joining that trip some time

to think about it. Their group is coming here this coming spring, but all

the hosting clubs are already set. -- We will also be hosting a group from **Australia** from **June 1-4** next year, so maybe you and your club could be thinking about whether you might like to **host that group** next summer. -- **Early 2018** we'll have another **trip to India**, for those of you who may be interested in seeing some of that fascinating country."



The President's Column: December_

Important Developments for Membership

Our Club has taken a hit in **membership** since I came to office, so to help promote new members and coincide with the upcoming *Let's Play Ball* membership drive in the New Year, I am proposing to allow 1/2 price for new member dues. This will only be for the second half (January





through June 2017) of this Rotary year since that is the remaining term of my presidency. However, I am hoping we can extend this to cover a full membership year and have the policy in place long enough to see if it helps -

both in **gaining new members** but even more importantly in **retention**. I hope that I can get the support of the Club for this effort so we can determine if this will provide a benefit.



That was all **serious Club business** so I hope you got through it with-out falling asleep. I welcome any input if any-one would like to discuss these matters either at the meeting or one-to-one. My contact informa tion is on the Club directory -- which I will also be showing all members how to see online at

the next meeting -- don't miss it!

In Rotary,



Rob Metcalf President, 2016-17



