



Rotary Club of Los Alamos

District 5520 Club 1312
chartered August 19, 1966

PO Box 853 Los Alamos, NM 87544

www.rotarylosalamos.com



The Rotary Bell

Rotary
Magazine Month

April 9, 2017

*The Four-Way Test: In the things we think, say or do:
Is it the Truth? Is it Fair to all concerned?
Will it build Good Will and Better Friendships?
Will it be Beneficial to all concerned?*

Rotary International 2016-17



Weekly Newsletter In This Issue

- This Week's Program and Other Meeting Highlights
- This Week's Announcements, Notes & Thanks

When & Where + Program & Meeting Highlights

This Week: Meeting at United Church! Due to a conflict with use of our meeting room at the golf course, we are meeting this **Tuesday the 11th** in **Graves Hall**, upstairs in the **United Church, 2525 Canyon Rd.** There is a large parking lot on the **west side** of the building and an entrance; there is also handicapped parking and an entrance on the **south side** of the church complex with an elevator in the hallway + new parking on the southeast side. -- Lunches will be provided by **Ruby K.'s**. If you don't have a chance to order by **Sunday's 7:00 p.m. deadline**, please consider bringing your own lunch. -- **Many thanks** to **Chris Sierk** who is handling these unexpected 'off site' lunch arrangements, to **Chuck Tallman** for AV 'off site' and to **everyone** who is helping during this one-meeting relocation!



- This Month's Club Assignments
- This Month's Programs
- This Month's Birthdays
- Current Calendar Notes
- District 5520 and Rotary Intl. News
- President's Column

Weekly Meetings

Every Tuesday at 11:45 a.m.
 The Golf Course Meeting Room
 4290 Diamond Dr.
 (Trinity Dr., right on Diamond, 2 mi.)

Board Meetings

Everyone Welcome!
 We meet the 2nd Thursday
 of the month at 4:15 p.m.
 in offices of the Los Alamos
 Daily Post, 1247 Central.

2016-2017

Club Board Members

President: Rob Metcalf
 President-Elect: Laura Loy
 Secretary: Nancy Cerutti
 Treasurer: Ed Van Eeckhout
 Immediate Past President:
 Alison Pannell
 Membership: Skip King
 Public Relations: Linda Hull
 Avenues of Service: Skip King
 Rotary Foundation: Steve Ciddio
 STARS: LeAnne Parsons

Avenues of Service Chairs

Club: Oliver Morris
 Community: Melanie Bennett
 International: Jean Gindreau
 New Generations: Alex
 Zubelewicz
 Vocational: Shelley Wiemann
 * * * * *
 Newsletter Editor: Linda Hull
 * * * * *

- Sgt. at Arms: **Linda King**
- Rotary Minute: **Alison Pannell**
- Fines: **Skip King**

-- Our Program: **MEET at UNITED CHURCH**



This week **Coach Andy Ericson** and **members** of the **LAHS Robotics Team** will give a program describing the **projects** they are designing, their upcoming **competitions**, and how **ideas** are put to work. -- We will present the team with a **check for \$500.00** to put toward their competition and equipment needs.

- **Inductions:** With the ceremony led by **Membership Committee members Nancy Cerutti and Brian Newnam**, new members will be inducted **Merlinda Martinez** (Laura Gonzales), **Dylan Zanow** (Skip King), and **Andrea Albert** (Skip King). -- **Sponsors** are indicated in parentheses.



Notes & Announcements & Thanks

- **Interact Hosts Field Day:** On **Wednesday, April 12th**, our **Rotary Interactors** will host a **field day** at the **Middle School**. This event will give Interact visibility and "get the ball rolling for a sustainable middle school activity program," says **Faith Koh, Interact President and LAHS senior**.



- **You're Invited!:** Please join us for **brunch** on **Sunday, April 16th**, at **11:30 a.m.** at **Cottonwood on the Greens** to meet the **family of our Youth Exchange student, Ida Mattila**. The buffet is **\$13.95** for adults; **\$9.95** for children. -- Please **RSVP** as soon as possible to **Laura Loy: 695-9666, laura.loy@usa.net**.



- **Mesa Public Library Garden Clean-Up:** On **Saturday, April 29th**, our Club will meet at the library to spend part of the morning **cleaning up the garden**. Nancy Cerutti has registered our Club with the County, and the Parks Division will provide **mulch** for us and help with the **watering hoses**. -- As the County website states, "Let's keep Los Alamos litter free. Join the fun and help tidy up the community by collecting trash and recyclables from your neighborhoods and public places. An **appreciation lunch** will be provided to volunteers from **12-1:00 p.m.** at **Ashley Pond**. **Free gloves and bags** will be provided upon



Our Assistant Governor
Pat Murray of Santa Fe



Our Youth Exchange Student
Ida Mattila of Finland

Ongoing Project **LA Cares**

Donations of non-perishable food and personal hygiene items are collected on the last Tuesday of the month.



Contact Us

**Rotary Club of Los Alamos
PO Box 853
Los Alamos, NM 87544**

**Rob Metcalf, President
505-662-2358 * 505-670-8336
rob@ovinuppi.com**

**Nancy Cerutti, Secretary
505-672-1682
nscerutti@att.net**

STARS

**(Service To All Rotary Satellite)
The Rotary Satellite Club of Los Alamos
Meets 1st and 3rd Wednesdays,
5:30-6:30, VFW, 1793 Deacon
(behind CB Fox)**

registration. The **Eco Station** will allow **free trash disposal** to all Los Alamos County residents.”

-- Inductions at STARS: Inductions into our Club, but by way of our **Satellite (STARS)**, were held **Wednesday the 5th** at a **potluck dinner** at the home of new member **Sherry Cagle**. Inducted were: **Stacey Castille** (Laura Loy), **Sherry Cagle** (Gloria Brehm, LeAnne Parsons), and **Paulina Gwaltney** (LeAnne Parsons). The ceremony was led by **Pres. Rob Metcalf** and **Membership chair Skip King**. **-- Sponsors** are indicated in parentheses.



-- Rotary Rio Grande (RGA) Training: Due to extenuating circumstances, the RGA has been postponed until this fall.

-- Ahoy! It's District Raffle Time!: No, this is *not* a graphic of the *Titanic*, but an announcement that the **District 5520 Cruise-Cash Raffle** is now in progress with 100% of the proceeds benefitting the **Rotary Foundation**. You may purchase a package of **10 tickets for \$100**, conveniently the suggested annual donation to the Foundation. You may sell them to friends or enter all in your name. **-- The winner will receive \$2500.00 in cash** or as a certificate for a **cruise**. **-- The winning ticket will be drawn during the early-May District Conference in Albuquerque**. **-- Checks may be made payable to The Rotary Foundation and given to Foundation chair Steve Ciddio.**



-- 4-Way Test Essay Competition: Under the leadership of Rotarian **Andrea Cunningham** and **LAMS Language Arts teacher Mrs. Montoya**, the 4-Way Test Essay



Competition has taken place and the winners just announced:

- 1st place:** Griffith Light
- 2nd place:** Garrett Slama
- 3rd place:** Zachary Schraud

Many thanks to Andrea and judges **Phil Dabney, Karen Easton, Laura Loy, Alison Pannell, Bethany Tierney, Alex Zubelewicz**. **--**

Andrea has submitted Griffith Light's winning essay to **District 5520 competition**. **-- Andrea and Mrs. Montoya hope to reward those classes who participated with an ice cream sundae party** later this month.



STARS is a group of motivated Los Alamos Rotarians who are determined to fit community and international service into their busy lifestyles, while at the same time having FUN!



Melissa Metcalf, Gloria Brehm, Alex Zubelewicz, Kim Selvage, Michael Erickson, LeAnne Parsons, Laura Loy, Ian Foti-Landis, Antonya Sanders, Jim Nesmith, Colette Levine, (being proposed, Dawn and Mark Voss)



Interact

Meets 2nd and 4th Wednesdays,
4:00-5:00,
The Teen Center



Our Club
Facebook



www.facebook.com/LosAlamosRotary
www.facebook.com/RotarySTARS
www.facebook.com/InteractLosAlamos

Club: www.losalamosrotary.com
District: www.rotary5520.org
International: www.rotary.org

-- Survey Says! Coming Soon!

As **President-elect Laura Loy** prepares for her **2017-18** year as Club president, she is creating a Club su-vey. This will be **your opportunity** to make a difference. Watch for it **soon** in your e-mailbox and at meetings!



-- Member News:



Trish Gallegos has left the Club in order to spend more volunteer time with **Habitat for Humanity**.

Sgt. at Arms This Month's Rotary Minute Finemaster

April:

4 Donnie Torres
11 Linda King
18
25

Linda Hull
Alison Pannell

Skip King
Skip King

This Month's Programs



-- April 4: Karen Williams, a **critical nurse** at **Los Alamos Medical Center** **marathon runner**, will tell us about her encounter with the **mother black bear** **attacked** her **last June** during a **Valles Caldera running competition** and



she has **worked to change New Mexico wildlife law** to protect animal comprehensively. -- The black bear is **New Mexico's state mammal**.
(photo of bear by Roy Mac, flickr)



Project 4 FIRST Robotics Competition Team 4153

son and **members** of the **LAHS Robotics Team** will give a program describing the **projects** they are designing, their upcoming **competitions**, and how **ideas** are put to work. -- We will present the team with a **check for \$500.00** to put toward their competition and equipment needs.

-- April 11: MEET at UNITED CHURCH This week **Coach Andy Erick-**



Make-Up Meetings

Rotary Club of Santa Fe
Thursdays, 12:00 noon
Hilton Santa Fe, 100 Sandoval

Rotary Club of Santa Fe Centro
Tuesdays, 8:00 a.m.
Chocolate Maven
821 W. San Mateo Rd.

Rotary Club of Santa Fe del Sur
Wednesdays, 12:00 p.m.
Red Lobster, 4450 Rodeo Dr.

Rotary Club of Taos Milagro
Wednesdays, 7:20 a.m.
Quality Inn
1043 Paseo del Pueblo Sur

Easy On-Line Make-Up Meetings

www.rotarymakeup.org
Info.? Frances deNuit
Rotary eClub of the Southwest USA
drfdenuit@yahoo.com
505-920-2600



On the Road?

If you are traveling anytime of the year and plan to visit a Rotary Club, please be sure to take one of our 'trade banners' with you. They are available from our Club Secretary Becky Ehler.

Who Am I?

I build bridges. I eradicate polio.
I mentor tomorrow's leaders.
I pump clean water.
I provide shelter to disaster victims.
I build communities.
I teach the world to read.



-- April 18th: **Jeremy Smith, sports and adventure director** for the local **Family YMCA**, will present a program about and **perform on digeridoo**, the traditional instrument of Australian aborigines.



-- April 25th: From **Australia** on to **India** as **Paul and Rosmarie Frederickson** tell us about their **January 2016 Rotary Friendship Exchange (RFE) to India**.



This Month's Birthdays

April 4 Nancy Cerutti
15 Linda Hull
16 Natalia Tretiak
24 Anna Caspersen
25 Antonya Sanders
26 Bob Hull
28 Donnie Torres



Current Club Calendar Notes



BRIDGES TO PROSPERITY

-- **Bridges to Prosperity Trip Details: Jean Gindreau is Going! Member Jean Gindreau** reports that **Norm**

Arnold, the **Alamogordo Rotarian** coordinating the trip to build critically-needed bridges, has made arrangements for travel to **Nicaragua** to begin on **April 26th** and returning to **New Mexico** on **May 2nd**.

If you are interested in this Rotary-supported adventure and service project, please contact **Jean Gindreau** (pac8@losalamos.com) or **Linda Hull** (northmesa@comcast.net).



Also see items under *Notes & Announcements & Thanks* above.

Regular Monthly Meetings

I create peace through service.

I am a Rotarian.

Order Rotary Merchandise

Russell-Hampton

www.bestclubsupplies.com

800-877-8908

National Award Services

www.clubsupplies.com

800-810-2100

Recent Exchange Students



Ida Mattila Finland 2016-2017



Markus Essl Austria
Frederiek Gerretschien The Netherlands
2014 – 2015



Krissi Wallis Germany
2015-2016



Thomas Routiaux Belgium
2013 -2014



Mille Nikolajsen Denmark
2012 - 2013



Eva Hauzar Switzerland
Samantha Hellessey Australia



-- Monthly Board Meeting: Our monthly Board meeting will be held **Thursday, April 13th** at **4:15 p.m.** at the offices of The **LA Daily Post** on **1247 Central Avenue**. Everyone welcome!

-- STARS (Service To All Rotary Satellite) will meet the **first and third Wednesdays** of the month: **April 5th** (at home of **Sherry Cagle, 500 R Rd.**) and **19th** at **5:30-6:30** at the **VFW, 1793 Deacon** (behind **CB Fox**).



-- Interact: This community-based youth organization will meet the **second and fourth Wednesdays** of the month: **April 13th and 27th** at **4:00-5:00 p.m.** at the **Teen Center on Ashley Pond**.

-- Updates from STARS and from Interact:

-- STARS: None at this time.

-- Interact: **Interactors have adopted LA Mountain** (clean-up) in cooperation with the **US Forest Service**. --They are also forging successfully ahead with recruiting students for **Bridge the Gap**, a way to offer area high school students **opportunities** to take advantage of scholarships, college counseling, and so forth.

District 5520 and Rotary International News



-- Thursday-Sunday, May 4-7: The District 5520 Annual Convention will be held in **Albuquerque** at the **Sheraton Albuquerque Uptown Hotel on Louisiana**. Please visit www.district5520.org and click for more information in the left column. Here's some additional information:

Cost for full conference registration **per person is \$250.00**, which includes **all meals and events on Friday and Saturday**. The conference includes:



May 5:
Honoring the 100th Anniversary of the Rotary Foundation and **30 Years of Women in Rotary** (lunch)
Cinco de Mayo Fiesta (dinner)

Where You'll Find Our Club Support

Satellite Club (STARS--Service To All Rotary Satellite); projects in Guatemala, the Dominican Republic, and South Africa; support for the Posse Lodge, LA Cares, Boy Scouts, LAHS Hilltalkers & Robotics teams, Self-Help, Family Strengths Network, Little League, Horses for Heroes, Paws and Stripes; tutoring at the library; reading in elementary schools; LAMS 4-Way Test Essay Competition; LAHS Cookies and Conversation; Students of the Month; generous financial awards to LAHS seniors; the Deborah Beene Music Awards; grants to pay for UNM-LA GED exam fees and for Books for Babies at LAMC; Polio Plus; Sonny Brown Business Award; students to RYLA leadership camp; outbound and inbound exchange students; Group Study Exchange and Ambassadorial Scholars; blood drive; LAHS Memorial Garden; Mesa Public Library Garden; Clean-Up Los Alamos; AED for Fuller Lodge; Opera on the Rocks, picnic tables for PEEC Nature Center; Bandelier naturalization ceremony + more!

Where You'll Find Us Raising Funds

Annual Crab Fest:
last Saturday in February
Fiesta Los Alamos!:
late July or early August

HOW
WONDERFUL
IT IS THAT NO ONE HAS TO WAIT,
BUT CAN START RIGHT NOW TO
GRADUALLY CHANGE THE
WORLD!

ANNE FRANK

May 6:

Youth Exchange Talent Show (breakfast)

Youth in Rotary (lunch)

Western Night Awards (dinner)

Dancing and Entertainment by **Michael Martin Murphey and his band**

Hotel Registration for the rate of **\$105** plus tax is available at **The Albuquerque Sheraton Uptown**
1-800-325-3535 or

www.starwoodmeeting.com/Book/2017Rotary5520.



Please ask for the **Rotary 5520 rate** – but you must register before **April 15! Questions?** Please contact, **Co-chairs:** kathiewilliams46@gmail.com or donettewagner@gmail.com.

Rotary Friendship Exchange (RFE)

-- From **Donna Pedace, District 5520, RFE Chair, 505-349-8850**



We have an outbound RFE available for sign-up to **New Zealand**, District 9930, that will last from **Oct. 30 - Nov. 13**. Those participating will need to plan to arrive in **Auckland, NZ**, no later than Oct. 29 and spend at least one night in a hotel at their own expense, before the RFE will begin on Oct. 30. The travelers will be returned to Auckland on Nov. 13, but will probably need to overnight again and depart for home the next day. Obviously, travelers can go earlier or stay later than the RFE, but they will need to make those extended plans on their own.

The group is limited to **six (6) couples or solo travelers**. The group will visit five (5) different locations for three (3) nights each, but I do not yet know where

those clubs will be. As usual, if you have recently traveled on an RFE, or are scheduled to travel on one before this RFE, you will be dropped to the bottom of the list. If it should not fill, then you would be eligible to join the group.

In addition to paying for your flights, some meals and some sightseeing, the group will to **split the cost** for a 12-seat van that would be used to take them around the NZ district. That total cost will be approximately \$2650 NZ money, plus the gas for the van. Zealand, Australia, and South Africa usually charge for RFE transportation, so there is nothing unique in this. But, it is an expense that every-one should be aware of in advance.

There has been great interest in traveling on this particular RFE so I would encourage anyone interested to respond to me **as soon as possible** and plan to put their deposit check (made out to Rotary District 5520) for \$100 per traveler in the mail to me quickly. As usual, the check will be shredded when the travelers depart on the trip. Please **respond by email (pedaceabq@aol.com)**, so I will have the day/time recorded, as I know there are many members waiting for this RFE opportunity to arrive in their email box.

I will also be taking a **stand-by list**, so let me know if you are interested in being on that list - if you are not among the first six to respond."

If you register for this trip, please consider travel arrangements through **Los Alamos Rotarian Colette Levine**, manager of **Journey Pacific**. She may have fares to New Zealand that will **save** you money! **(505) 216-9111**, Colette@JourneyPacific.com, www.JourneyPacific.com.

The RFE information below has not been updated, but is presumed accurate.

REAL GENEROSITY
TOWARD THE FUTURE

LIES IN GIVING ALL TO
THE PRESENT.

ALBERT CAMUS

LIFE'S MOST
PERSISTENT AND
URGENT QUESTION IS,
'WHAT ARE YOU
DOING FOR OTHERS?'

Martin Luther King Jr.

Rotary Friendship Exchange (RFE): I'd like to "alert you that we will be sending a **return group** to visit **western Oregon and northern California** next **August 3-15**. I am **not yet taking reservations** for that trip, but I thought this could give anyone interested in joining that trip some time to think about it. Their group is coming here this coming spring, but all the hosting clubs are already set. -- We will also be hosting a group from **Australia** from **June 1-4** next year, so maybe you and your club could be thinking about whether you might like to **host that group** next summer. -- **Early 2018** we'll have another **trip to India**, for those of you who may be interested in seeing some of that fascinating country."



The President's Column: April



The other day we went to Santa Fe and bought some sweatpants for the boys to practice baseball - because in spring baseball practice in Northern New Mexico, it's very cold and it snows.

When I said that aloud in the store some other parent said "don't forget the wind"...

Anyway, as we look forward to the spring and summer; we have plenty of upcoming Rotary events and I want to remind everyone it is not too late to get involved. We have scholarship applications coming in, the 4 Way Essay Test is in full swing, and our exceptional student awards (used to be called *Student of the Month* – now **Distinguished Student of Service**) are great chances to get involved with youth. We have opportunities for **Rio Grande Academy** (Rotary training) for any interested club members, **the District Conference**, and, of course, the **Rotary International Convention** in **Atlanta**. If you are looking for fellowship - and, if that's not enough, we have some **gardens to clean up** along the way. Finally, we are going to have an **end of the year party** right at the **beginning of July** (2nd, I believe, but don't quote me yet), and if we have learned anything from our **50th Anniversary and Christmas parties (and the RFE)**, I think it may just be a bit of fun.



So, **Hello** to spring. I believe you may have figured out, it is not my favorite season (did I mention allergies?), but that doesn't matter because we have lots of fun stuff to do in Rotary to pass away the time.

Your Happy President,



Rob Metcalf
President, 2016-17

