

# Rotary Club of Los Alamos



District 5520 Club 1312 chartered August 19, 1966 PO Box 853 Los Alamos, NM 87544

www.rotarylosalamos.com



## The Rotary Bell

Rotary Magazine Month

April 23, 2017

The Four-Way Test: In the things we think, say or do:
Is it the Truth? Is it Fair to all concerned?
Will it build Good Will and Better Friendships?
Will it be Beneficial to all concerned?

#### **Rotary International 2016-17**



## Weekly Newsletter In This Issue

 This Week's Program and Other Meeting Highlights
 This Week's Announcements, Notes & Thanks

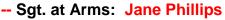
## When & Where + Program & Meeting Highlights

Please join us Tuesday, April 25th, at 11:45 a.m. at the Golf Course

meeting room, located on the west end of the complex.
-- Lunches will be provided by Cottonwood on the

Greens. -- The menu will be forwarded to you over the

weekend. Be sure to e-mail your lunch order and any for your guests to Chris Sierk.



-- Rotary Minute: Chris Sierk

-- Fines: Skip King

-- Our Program: From Australia on to India as Paul and Ros-

marie Frederickson tell us about their January 2016 Rotary Friendship Exchange (RFE) to India.

- --This Month's Club Assignments
- -This Month's Programs
- -- This Month's Birthdays
- -- Current Calendar Notes
- --District 5520 and Rotary Intl. News
- -- President's Column

Weekly Meetings
Every Tuesday at 11:45 a.m.
The Golf Course Meeting Room
4290 Diamond Dr.
(Trinity Dr., right on Diamond, 2
mi.)

Board Meetings
Everyone Welcome!
We meet the 2<sup>nd</sup> Thursday
of the month at 4:15 p.m.
in offices of the Los Alamos
Daily Post, 1247 Central.

Avenues of Service Chairs
Club: Oliver Morris
Community: Melanie Bennett
International: Jean Gindreau
New Generations: Alex
Zubelewicz
Vocational: Shelly Wiemann

Newsletter Editor: Linda Hull

-- Distinguished Student of Service (formerly Student of the Month): Richard Thompson, Jr.

-- Guests: Please welcome District Rotary
Friendship Exchange (RFE) Coordinator Donna
Pedace and Rotarian Regina Guest.

#### **Notes & Announcements & Thanks**



-- LA Cares Collection: Don't forget we're collecting food donations for LA Cares at Rotary this Tuesday. Please bring non-perishable food items for those in need or consider bringing a check made to LA Cares. -- Canned chicken and tuna, breakfast cereals,

**peanut butter**, **rice and beans**, **and hearty soups** are always in great demand. -- *Also*, if you have **extra paper grocery bags**, please bring them for LA Cares as well.



-- Number 1 in Our Hearts: Even though the Pajarito Environmental Education Center (PEEC) was a worthy choice for the Chamber of Commerce's Non-Profit of the Year Award, I'm sure we'll all agree our Rotary Club is #1 in our hearts. -- Many thanks to all

who voted for our Club and to Alex Zubelewicz for attending the Chamber's Gala Saturday night to represent Rotary and accept our nomination award.





-- Many thanks to Pres.-elect Laura Loy, whose family is hosting exchange student Ida Mattila, for arranging an Easter Sunday brunch for Ida's parents and brother, who are visiting from Fin-

land. (You'll find them right between Laura Loy and Melissa Metcalf.)



Our Assistant Governor Pat Murray of Santa Fe



Our Youth Exchange Student Ida Mattila of Finland

## Ongoing Project LA Cares

Donations of non-perishable food and personal hygiene items are collected on the last Tuesday of the month.



Contact Us
Rotary Club of Los Alamos
PO Box 853
Los Alamos, NM 87544

Rob Metcalf, President 505-662-2358 \* 505-670-8336 rob@ovinuppi.com

Nancy Cerutti, Secretary 505-672-1682 nscerutti@att.net

#### **STARS**

(Service To All Rotary Satellite)
The Rotary Satellite Club of Los Alamos
Meets 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays,
5:30-6:30, VFW, 1793 Deacon
(behind CB Fox)

## Below, just a glimpse at upcoming Rotary events. More are listed below under

Current Club Calendar Notes. Busy!



-- Cinco de Mayo
at Delancey
Street!
Remember our
speakers from Delancey Street
Foundation, Ayla Jarvis and
Zachary Braatz? As promised,
they've invited us to their Cinco

de Mayo celebration on Sunday, May 7<sup>th</sup>. Linda Hull will circulate a sign-up sheet and take care of the RSVPs. -- The high school equi-valency (HSE) students at Delancey are grateful for the grant we provide through UNM-LA to pay for their exam fees; they'd like to say "Thanks!" Let's plan to show them how much we appreciate their invitation! -- Directions will be provided.



-- Music is in the Air!: It's once again time to think ahead to the annual Rotary Club-Deborah Beene Music Competition, chaired by Ed Van Eeckhout and Brian

Newnam. Six talented musicians will audition on Saturday, May 13<sup>th</sup> at 1:00 at the United Church. Entries include piano, voice, flute, clarinet, cello, and trumpet.

-- Inductions at STARS: Inductions into our Club, but by way of our



Satellite (STARS),
were held Wednesday
the 5<sup>th</sup> at a potluck
dinner at the home of
new member Sherry
Cagle. Inducted were:
(I-r) Stacey Castille
(Laura Loy), Sherry
Cagle (Gloria Brehm,
LeAnne Parsons), and

Paulina Gwaltney (LeAnne Parsons). The ceremony was led by Pres. Rob Metcalf and Membership chair Skip King. -- Sponsors are indicated in parentheses. -- Welcome, ladies!

STARS is a group of motivated Los Alamos Rotarians who are determined to fit community and international service into their busy lifestyles, while at the same time having FUN!



Melissa Metcalf, Gloria Brehm, Alex Zubelewicz, Kim Selvage, Michael Erickson, LeAnne Parsons, Laura Loy, Ian Foti-Landis, Antonya Sanders, Jim Nesmith, Colette Levine, (being proposed, Dawn and Mark Voss)



Interact
Meets 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays,
4:00-5:00,
The Teen Center





Our Club Facebook



www.facebook.com/LosAlamosRotary www.facebook.com/RotarySTARS www.facebook.com/InteractLosAlamos

Club: www.losalamosrotary.com District: www.rotary5520.org International: www.rotary.org -- More Inductions!: From A-Z,
Albert to Zanow (with Martinez in
the middle of the alphabet), we
welcomed (I-r) Merlinda Martinez
(Laura Gonzales), Andrea Albert,
and Dylan Zanow (both Skip King)
to Rotary on April 11<sup>th</sup>. -- Sponsors are indicated in parentheses. -





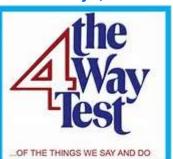
- Welcome, all!

-- Ahoy! It's District Raffle Time!: No, this is not a graphic of the Titanic, but an announcement that the District 5520 Cruise-Cash Raffle is now in progress with 100% of the pro-ceeds benefitting the Rotary Foundation. You may purchase a package of 10 tickets for \$100, conveniently the suggested annual dona-tion to the Foundation. You may sell them to friends or enter all in your name.

-- The winner will receive \$2500.00 in cash or as a certificate for a cruise. -- The winning ticket will be drawn during the early-May District Con-ference in Albuquerque. -- Checks may be made payable to The Rotary Foundation and given to Foundation chair Steve Ciddio.

-- 4-Way Test Essay Competition: Under the leadership of Rotarian

Andrea Cunningham and LAMS Language Arts teacher Mrs. Montoya, the 4-Way Test Essay Competition has



taken place and the winners announced:

1st place: Griffith Light
2nd place: Garrett Slama
3rd place: Zachary Schraud

Many thanks to Andrea and judges Phil Dabney, Karen Easton, Laura Loy, Alison Pannell, Bethany Tierney, Alex Zubelewicz. -- Andrea has submitted

Griffith Light's winning essay to District 5520 competition. -- With our Club's volunteer help and financial support of \$75, Andrea and Mrs. Montoya will reward those classes who participated with



an ice cream sundae party this past Thursday, April 20<sup>th</sup>, at the Middle School at 11:30. -- The winning students will present to the Club on May 9<sup>th</sup>. Make-Up Meetings Rotary Club of Santa Fe Thursdays, 12:00 noon Hilton Santa Fe, 100 Sandoval

Rotary Club of Santa Fe Centro Tuesdays, 8:00 a.m. Chocolate Maven 821 W. San Mateo Rd.

Rotary Club of Santa Fe del Sur Wednesdays, 12:00 p.m. Red Lobster, 4450 Rodeo Dr.

Rotary Club of Taos Milagro Wednesdays, 7:20 a.m. Quality Inn 1043 Paseo del Pueblo Sur

Easy On-Line Make-Up Meetings

www.rotarymakeup.org.
Info.? Frances deNuit
Rotary eClub of the Southwest USA
drfdenuit@yahoo.com
505-920-2600



On the Road?

If you are traveling anytime of the year and plan to visit a Rotary Club, please be sure to take one of our 'trade banners' with you. They are available from our Club Secretary Becky Ehler.

Who Am I?
I build bridges. I eradicate polio.
I mentor tomorrow's leaders.
I pump clean water.
I provide shelter to disaster victims.
I build communities.

I teach the world to read.



-- Meet Julian!: Julian Baier, our 2017-18 Youth Exchange Student will be joining us in August. Julian is from Neustift, a small village in Lower Austria (near Innsbruck). He enjoys "gym, mountain biking, soccer, table tennis, and fishing."

-- His mother is teaches "English, sports, and bi-ology," and his father is a "self-employed ceramicist." -- Julian will be 17 later this year and has two older sisters and a cat. -- Julian is interested in business, marketing, and computers.



Thanks to Alex Zubelewicz for

leading this effort! -- If you or friends of yours would like to host Julian--three-month rotation--please be sure to contact Alex as soon as possible! (709-0447, azubel05@gmail.com)



-- Congratulations, Ruby!: Ruby Selvage, daughter of Rotarian Kim Selvage and an 'incoming' Senior at LAHS, has been selected to attend the Rotary Youth Leadership camp, RYLA (Rotary Youth Leadership Award) this July. The camp, which meets at a site in the Manzano Mountains, is a one-week camp dedicated to leadership, fellowship, and Rotary principles. -- You go, girl! ©



### -- Survey Says! Coming Soon!

As President-elect Laura Loy prepares for her 2017-18 year as Club president, she is creating a Club survey. This will be your opportunity to make a difference. Watch for it soon in your e-mailbox and at meetings!

#### -- Member News:

\*\* Tammy Thorn has re-joined our Club. Welcome!



\*\* Antonya Sanders will be leaving the Club, as there are not enough parent-children activities for her family to participate in at this time. Antonya has helped on several garden clean-ups and has served on the Grants Committee and others.

I create peace through service. I am a Rotarian.

### Order Rotary Merchandise

**Russell-Hampton** www.bestclubsupplies.com 800-877-8908

**National Award Services** www.clubsupplies.com 800-810-2100

### **Recent Exchange Students**



Ida Mattila Finland 2016-2017



**Markus Essl** Austria Frederiek Gerretschen The Netherlands 2014 - 2015



Krissi Wallis Germany 2015-2016



**Thomas Routiaux Belgium** 2013 -2014



Mille Nikolaisen **Denmark** 2012 - 2013



**Eva Hauzar Switzerland** 

Samantha Hellessey **Australia** 

## This Month's

**Rotary Minute** 

**Finemaster** 

April:

**4 Donnie Torres Linda Hull** Skip King 11 Linda King **Alison Pannell** Skip King

18

25 Jane Phillips

Sqt. at Arms

**Oliver Morris Chris Sierk** 

Skip King

## This Month's Programs



-- April 4: Karen Williams, a critical nurse at Los Alamos Medical Center marathon runner, will tell us about her encounter with the mother black bear attacked her last June during a Valles Caldera running competition and



she has worked to change New Mexico wildlife law to protect animal comprehensively. -- The black bear is **New Mexico's state mammal**. (photo of bear by Roy Mac, flikr)



FIRST Robotics Competition Team 4153

son and members of the LAHS Robotics **Team** will give a program describing the projects they are designing, their upcoming competitions, and how ideas are put to work. -- We will present the team with a check for \$500.00 to put toward their competition and equipment needs.







-- April 18th: Jeremy Smith, sports and adventure director for the local Family YMCA, will present a program about and perform on digeridoo, the traditional instrument of Australian aborigines.



Jan. '11 - Jan. '12

## Where You'll Find Our Club Support

Satellite Club (STARS--Service To All Rotary Satellite); projects in Guatemala, the Dominican Republic, and South Africa; support for the Posse Lodge, LA Cares, Boy Scouts, LAHS Hilltalkers & Robotics teams, Self-Help, Family Strengths Network, Little League, Horses for Heroes, Paws and Stripes; tutoring at the library; reading in elementary schools; LAMS 4-Way Test Essay Competition; LAHS Cookies and Conversation; Students of the Month; generous financial awards to LAHS seniors; the Deborah Beene Music Awards; grants to pay for **UNM-LA GED exam fees and for Books for Babies at LAMC; Polio** Plus: Sonny Brown Business Award: students to RYLA leadership camp; outbound and inbound exchange students; Group Study Exchange and Ambassadorial Scholars; blood drive; LAHS Memorial Garden; Mesa **Public Library Garden; Clean-Up Los** Alamos; AED for Fuller Lodge; Opera on the Rocks, picnic tables for PEEC **Nature Center; Bandelier** naturalization ceremony + more!

# Where You'll Find Us Raising Funds

Annual Crab Fest: last Saturday in February ¡Fiesta Los Alamos!: late July or early August



ANNE FRANK



-- April 25th: From
Australia on to India as
Paul and Rosmarie
Frederickson tell us
about their January 2016
Rotary Friendship Exchange
(RFE) to India.

### This Month's Birthdays

**April 4 Nancy Cerutti** 

- 15 Linda Hull
- **16** Natalia Tretiak
- 24 Anna Caspersen
- 25 Antonya Sanders
- 26 Bob Hull
- **27** Dylan Zanow
- **28** Donnie Torres



#### **Current Club Calendar Notes**



-- Wednesday, April 26<sup>th</sup>: Bridges to Prosperity Trip! Jean Gindreau is Going! Member Jean Gindreau

reports that Norm Arnold, the Alamogordo Rotarian coordinating the trip to build critically-needed bridges, has made arrangements for travel to Nicaragua to begin on April 26<sup>th</sup> and returning to New Mexico on May 2<sup>nd</sup>. -- The Board voted recently to help offset Jean's travel expenses with a check of \$500; a donation of \$250 was also made to Bridges to Prosperity in support of their work.



-- Saturday, April 29: Mesa Public Library
Garden Clean-Up! On Saturday, April 29<sup>th</sup>, our
Club will meet at the library, 9:00-11:00, to spend
part of the morning cleaning up the garden.
Nancy Cerutti has registered our Club with the
County, and the Parks Division will provide
mulch for us and help with the watering hoses.

-- As the County website states, "Let's keep Los Alamos litter free. Join the fun and help tidy the community by collecting trash and recyclables from your neighborhoods and public places. -- An appreciation lunch will be provided to volunteers from 12–1:00 p.m. at Ashley Pond. Free gloves and bags will be provided upon registration. The Eco Station will allow free trash disposal to all Los

## REAL GENEROSITY TOWARD THE FUTURE

LIES IN GIVING ALL TO THE PRESENT.

ALBERT CAMUS

LIFE'S MOST PERSISTENT AND URGENT QUESTION IS, 'WHAT ARE YOU DOING FOR OTHERS?'

Martin Luther King Jr.

Alamos County residents." -- *Please* wear your *Rotarian at Work* t-shirts!

-- Sunday, May 7: Cinco de Mayo at Delancey Street! Remember



our speakers from Delancey Street Foundation, Ayla Jarvis and Zachary Braatz? As promised, they've invited us to their Cinco de Mayo celebration on Sunday, May 7th. Linda Hull will circulate a sign-up sheet and take care of the RSVPs. -- The

high school equivalency (HSE) students at Delancey are grateful for the grant we provide through UNM-LA to pay for their exam fees; they'd like to say "Thanks!" Let's plan to show them how much we appreciate their invitation! -- Directions provided.

- -- Saturday, May 13: 2017-18 Board Retreat, UNM-LA, 9:00-1:30, lunch catered by Secret City
- -- Saturday, May 13: Deborah Beene Music Competition Auditions, United Church, 1:00 p.m.
- -- Friday-Sunday, May 19-21: All-Club Mexico Trip arranged by STARS, Cuidad Juarez and Anapra, Mexico
- -- Tuesday, May 30: Convocation at Los Alamos High School, <u>Griffith Gym,</u> 6:00 p.m., Rotary awards presented to students
- -- Thursday, June 1: Joint Board Meeting (2016-17 + 2017-18), 4:15, location TBA
- -- Tuesday, June 6: Vocational Tour to Kiwanis Club meeting! 12:00-1:00, Trinity on the Hill Episcopal Church, catered lunch of ~\$10.
- -- Tuesday, June 13: Vocational Tour to Tibbar Plasma Technologies! 12:00-1:00, location TBA, lunch arrangements TBA
- -- Tuesday, July 11: NO Meeting (due to Thursday evening party)
  -- Thursday, July 13: End of the Year Party! Fun and food with friends and family! Awards, surprises!

  Time and location TBA.
- -- Saturday, August 26: ¡Fiesta Los Alamos! Details coming.

## **Regular Monthly Meetings**



-- Monthly Board Meeting: Our monthly Board meeting will be held Thursday, April 13<sup>th</sup> at 4:15 p.m. at the offices of The LA Daily Post on 1247 Central Avenue. Everyone welcome! -- STARS (Service To All Rotary Satellite) will meet the first and third Wednesdays of the month: April 5<sup>th</sup> (at home of Sherry Cagle, 500 R Rd.) and 19<sup>th</sup> at 5:30-6:30 at the VFW, 1793 Deacon (behind CB Fox).



-- Interact: This community-based youth organization will meet the second and fourth Wednesdays of the month: April 13th and 27th at 4:00-5:00 p.m. at the Teen Center on Ashley Pond.

#### -- Updates from STARS and from Interact:

-- STARS: On Friday-Sunday, May 19-21, STARS is arranging a Club trip--everyone welcome!--to Ciudad Juarez and Anapra, Mexico, where they will distribute greatly-needed toys and toiletries and other supplies to children and families in impoverished areas these Rotarians have visited before.





-- Interact: Interact Hosts Hawk Hang-Out: On Wednesday, April 12<sup>th</sup>, our Rotary Interactors hosted a field day (Hawk Hang-Out) at the Middle School with 100 students attending! This event gave Interact visibility and helped "get the ball rolling for a sustainable



middle school activity program," said Faith Koh, Interact President and LAHS senior.

Interactors have adopted LA Mountain (clean-up) in

cooperation with the **US Forest Service.** --They are also forging successfully ahead with recruiting students for **Bridge the Gap**, a way to offer area high school students **opportunities** to take advantage of scholarships, college counseling, and so forth.

**District 5520 and Rotary International News** 



-- Thursday-Sunday, May 47: The District 5520 Annual
Convention will be held in
Albuquerque at the Sheraton
Albuquerque Uptown Hotel
on Louisiana. Please visit
www.district5520.org and
click for more information in
the left column. Here's some
additional information:

Cost for full conference registration per person is \$250.00, which includes all meals and events on Friday and Saturday. The conference includes:



#### May 5: Honoring the 100<sup>th</sup> Anniversary of the Rotary Foundation and 30 Years of Women in Rotary (lunch)

Cinco de Mayo Fiesta (dinner)

#### May 6:

Youth Exchange Talent Show (breakfast)

Youth in Rotary (lunch)

**Western Night Awards** (dinner)

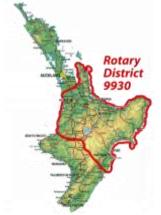
Dancing and Entertainment (Please note Michael Martin Murphey and his band will NOT perform due to contractual conflicts!)

Hotel Registration for the rate of \$105 plus tax is available at The Albuquerque Sheraton Uptown 1-800-325-3535 or www.starwoodmeeting.com/Book/2017Rotary5520.

Please ask for the Rotary 5520 rate – but you must register before <u>April 15!</u> Questions? Please contact, Co-chairs: kathiewilliams46@gmail.com or donettewagner@gmail.com.

## Rotary Friendship Exchange (RFE)

-- From Donna Pedace, District 5520, RFE Chair, 505-349-8850



Waiting List at This Time: "We have an outbound RFE available for sign-up to New Zealand, District 9930, that will last from Oct. 30 - Nov. 13. Those participating will need to plan to arrive in Auckland, NZ, no later than Oct. 29 and spend at least one night in a hotel at their own expense, before the RFE will begin on Oct. 30. The travelers will be returned to Auckland on Nov. 13, but will probably need to overnight again and depart for home the next day. Obviously, travelers can go earlier or stay later than the RFE, but they will need to make those extended plans on their own.

The group is limited to six (6) couples or solo travelers. The group will visit five (5) different locations for three (3) nights each, but I do not yet know where

those clubs will be. As usual, if you have recently traveled on an RFE, or are

scheduled to travel on one before this RFE, you will be dropped to the bottom of the list. If it should not fill, then you would be eligible to join the group.

In addition to paying for your flights, some meals and some sightseeing, the group wil to split the cost for a 12-seat van that would be used to take them around the NZ district. That total cost will be approximately \$2650 NZ money, plus the gas for the van. New Zealand, Australia, and South Africa usually charge for RFE transportation, s is nothing unique in this. But, it is an expense that every-one should be aware of in adv

There has been great interest in traveling on this particular RFE so I would encourage anyone interested to respond to me **as soon as possible** and plan to put their deposit check (made out to Rotary District 5520) for \$100 per traveler in the mail to me quickly. As usual, the check will be shredded when the travelers depart on the trip. Please **respond by email (pedaceabq@aol.com)**, so I will have the day/time recorded, as I know there are many members waiting for this RFE opportunity to arrive in their email box.

I will also be taking a **stand-by list**, so let me know if you are interested in being on that list - if you are not among the first six to respond."

If you register for this trip, please consider travel arrangements through Los Alamos Rotarian Colette Levine, manager of Journey Pacific. She may have fares to New Zealand that will save you money! (505) 216-9111, Colette@JourneyPacific.com, www.JourneyPacific.com.

The RFE information below has not been updated, but is presumed accurate.

Rotary Friendship Exchange (RFE): I'd like to "alert you that we will be sending a return group to visit western Oregon and northern California next August 3-15. I am not yet taking reservations for that trip, but I thought this could give anyone

interested in joining that trip some time to think about it. Their group is coming here this coming spring, but all the hosting clubs are already set. -- We will also be hosting a group from **Australia** from



June 1-4 next year, so maybe you and your club could be thinking about whether you might like to host that group next summer. -- Early 2018 we'll have another trip to India, for those of you who may be interested in seeing some of that fascinating country."

#### The President's Column: April

The other day we went to Santa Fe and bought some sweatpants for the boys to practice baseball - because in spring baseball practice in Northern New Mexico, it's very cold and it snows.

When I said that aloud in the store some other parent said "don't forget the wind"...

Anyway, as we look forward to the spring and summer; we have plenty of upcoming Rotary events and I want to remind everyone it is not too late to get involved. We have scholarship applications coming in, the 4 Way Essay Test is in full swing, and our exceptional student awards (used to be called *Student of the Month* – now *Distinguished Student of Service*) are great chances to get involved with youth. We have opportunities for Rio Grande Academy (Rotary training) for any interested club members, the District Conference, and, of course, the Rotary International Convention in Atlanta. If you are

looking for fellowship - and, if that's not enough, we have some gardens to clean up along the way. Finally, we are going to have an end of the year party right at the beginning of July (2<sup>nd</sup>, I believe, but don't quote me yet), and if we have learned anything from our 50<sup>th</sup> Anniversary and Christmas

parties (and the RFE), I think it may just be a bit of fun.

So, *Hello* to spring. I believe you may have figured out, it is not my favorite season (did I mention allergies?), but that doesn't matter because we have lots of fun stuff to do in Rotary to pass away the time.

Your Happy President,



Rob Metcalf President, 2016-17

