



Rotary Club of Los Alamos

District 5520 Club 1312
chartered August 19, 1966

PO Box 853 Los Alamos, NM 87544

www.rotarylosalamos.com



The Rotary Bell

No Rotary Theme
For May

May 14, 2017

*The Four-Way Test: In the things we think, say or do:
Is it the Truth? Is it Fair to all concerned?
Will it build Good Will and Better Friendships?
Will it be Beneficial to all concerned?*

Rotary International 2016-17



Weekly Newsletter In This Issue

- This Week's Program and Other Meeting Highlights
- This Week's Announcements, Notes & Thanks

When & Where + Program & Meeting Highlights

Please join us **Tuesday, May 16th**, at **11:45 a.m.** at the **Golf Course meeting room**, located on the west end of the complex.

-- Lunches will be provided by **Cottonwood on the Greens**. -- The menu will be forwarded to you over the weekend. Be sure to e-mail your lunch order and any for your guests to **Chris Sierk**.



- Sgt. at Arms: **Oliver Morris**
- Rotary Minute: **Alex Zubelewicz**
- Fines: **Donnie Torres**
- Our Program: **The Hilltalkers!**
Members of the always-popular **Los Alamos High School Speech and Debate Team**, under the direction of



- This Month's Club Assignments
- This Month's Programs
- This Month's Birthdays
- Current Calendar Notes
- District 5520 and Rotary Intl. News
- President's Column

Weekly Meetings

Every Tuesday at 11:45 a.m.
 The Golf Course Meeting Room
 4290 Diamond Dr.
 (Trinity Dr., right on Diamond, 2 mi.)

Board Meetings

Everyone Welcome!
 We meet the 2nd Thursday
 of the month at 4:15 p.m.
 in offices of the Los Alamos
 Daily Post, 1247 Central.

2016-2017

Club Board Members

President: Rob Metcalf
 President-Elect: Laura Loy
 Secretary: Nancy Cerutti
 Treasurer: Ed Van Eeckhout
 Immediate Past President:
 Alison Pannell
 Membership: Skip King
 Public Relations: Linda Hull
 Avenues of Service: Skip King
 Rotary Foundation: Steve Ciddio
 STARS: LeAnne Parsons

Avenues of Service Chairs

Club: Oliver Morris
 Community: Melanie Bennett
 International: Jean Gindreau
 New Generations: Alex
 Zubelewicz
 Vocational: Shelly Wiemann
 * * * * *
 Newsletter Editor: Linda Hull
 * * * * *

LAHS teacher and Hilltalkers Coach Margo Batha, will tell us about their year in practice and competition. -- Students Dylan Mauldin and Claire DeCroix will perform their duo interpretation *That's Not How I Remember It*.

-- Classification Talk: new member Paulina Gwaltney, photographer



-- Distinguished Students of Service (formerly Student of the Month): Beatrice Nisoli and Sophia Jeffery

Notes & Announcements & Thanks



-- Many Thanks! Hard-working Rotarians, wearing their distinctive t-shirts, could be seen Saturday morning, the 6th, taking care of the LAHS Memorial Garden during a garden clean-up. Volunteers cut daffodils; weeded along the perimeter; tacked down irrigation hose; and spread mulch. -- Please be sure to give a Rotary hurray to

Andrea Albert, Dylan Zanow, Jane Phillips, Donnie Torres, and Oliver Morris, as well as to Skip King, who coordinated the work party but was in Albuquerque at the District Conference.

-- Congratulations!: On Friday the 5th, women Rotarians in District 5520 who are current Club Presidents or who are Past Presidents, were honored by District Governor Dave Anderson for their service to Rotary during the last 30 years of Women in Rotary (1987-2017). -- Our Club has had eight women presidents: Phyllis Hedges, Evelyn Vigil, Myrna McDonald, Judy Goldie, Nancy Cerutti, Chris Sierk, Alison Pannell, and Linda Hull.





Our Assistant Governor
Pat Murray of Santa Fe



Our Youth Exchange Student
Ida Mattila of Finland

Ongoing Project
LA Cares

Donations of non-perishable food and personal hygiene items are collected on the last Tuesday of the month.



Contact Us

Rotary Club of Los Alamos
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Los Alamos, NM 87544

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rob@ovinuppi.com

Nancy Cerutti, Secretary
505-672-1682
nscerutti@att.net

STARS

(Service To All Rotary Satellite)
The Rotary Satellite Club of Los Alamos
Meets 1st and 3rd Wednesdays,
5:30-6:30, VFW, 1793 Deacon
(behind CB Fox)

The last five listed were present during the celebratory luncheon. Can you find them above? (Look left.) -- Pres. Rob Metcalf, Skip King, and Alex Zubelewicz also attended the conference. (Photo by Rob Metcalf)



-- Viking Talent!: Ida Mattila, our Youth Exchange student from Finland (second from left), sports Viking headgear in the Youth Talent portion of the District 5520 Conference in Albuquerque. (Photo by Rob Metcalf)

-- Best Newsletter Award!: Our Rotary Bell, read by you and edited by Linda Hull, was awarded District 5520's Best Large-Club Newsletter of the Year, 2016-17, at the District Conference in Albuquerque. Keep reading, y'all!



-- Club Impact Award!: Our Club was recognized as one of only 16 District 5520 Clubs (out of 70) who received this honor for the service we have provided over the course of 2016-17. We rock! -- Thanks to Nancy Cerutti and Linda Hull, who complied and summarized our Club data.



-- Jean Gindreau is Back! Just returning from Nicaragua, Jean writes, "Six Rotarians traveled to Nicaragua in late April to help work on a bridge in conjunction with Bridges to Prosperity. The group is shown here standing on a bridge in Arenales that was built with the help of Rotarians in 2017 on The Rotary Foundation (TRF) Global Grant 1641321. -- Bridges to Prosperity, the collaborating partner on the grant, 'envisions a world where poverty caused by rural isolation no longer exists.' This bridge provides access to healthcare, education and markets for residents in several communities. Bridges to Prosperity and Rotarians teach communities how to build footbridges over impassable rivers. Norm Arnold (Alamogordo, NM), Jean Gindreau (Los Alamos, NM), Doug Borrett (El Paso, TX), Ken Bingman (Newport News, VA), Robyn Long (Newport News, VA) and Carey Beamesderfer (Santa Teresa, NM) worked on a bridge in Monte Verde, Nicaragua. They helped the locals mix cement to construct the base for the steel towers for the Monte Verde bridge. The bridge is expected to be completed by the end of this

STARS is a group of motivated Los Alamos Rotarians who are determined to fit community and international service into their busy lifestyles, while at the same time having FUN!



Melissa Metcalf, Gloria Brehm, Alex Zubelewicz, Kim Selvage, Michael Erickson, LeAnne Parsons, Laura Loy, Ian Foti-Landis, Antonya Sanders, Jim Nesmith, Colette Levine, (being proposed, Dawn and Mark Voss)



Interact

Meets 2nd and 4th Wednesdays,
4:00-5:00,
The Teen Center



Our Club
Facebook



www.facebook.com/LosAlamosRotary
www.facebook.com/RotarySTARS
www.facebook.com/InteractLosAlamos

Club: www.losalamosrotary.com
District: www.rotary5520.org
International: www.rotary.org

month. -- The trip to Nicaragua was an **incredible opportunity** for Rotarians to get involved in the international projects in which they are a sponsor. For more information, contact Norm Arnold, norm1693@gmail.com. -- **A job well done, Jean!**

-- **Cinco de Mayo at Delancey Street!:** Sunday the 7th, Rotarians



Kerry and Mary Burns (with daughter and son-in-law), Judy Goldie, Linda and Bob Hull, Alison Pannell, LeAnne Parsons, Natalia Tretiak, Alex Zubelewicz joined almost **200 other guests** for **informative tours** of the **17-acre property** in its beautiful

lakeside setting with **stables, offices** (catering, moving, events planning) and **workshops** (wood-working, automotive, upholstery, ceramics). --

Following our tour, we were treated to a plentiful buffet of **Mexican foods**, all catered by the Delancey Street residents, of whom there are about 80. Our Rotary speakers from Delancey, **Ayla Jarvis and Zachary Braatz**, sat with us, as did many other residents. They made a point to **thank us for supporting their educational pursuits** through the **High School Equivalency grant**, an initiative undertaken in **2009** by **Gil Butler**.



| Sgt. at Arms | This Month's Rotary Minute | Finemaster |
|--------------------|----------------------------|---------------|
| May 2 Steve Ciddio | Sarah Rochester | Donnie Torres |
| 9 Alison Pannell | Jean Gindreau | Skip King |
| 16 Oliver Morris | Alex Zubelewicz | Donnie Torres |
| 23 | | |
| 30 | | |

This Month's Programs

-- **May 2:** **Stephanie Garcia Richard, our State Representative**, will tell us about the challenges and successes of the **2017 legislative session**. -- Please join us for this informative program!



Make-Up Meetings

Rotary Club of Santa Fe
Thursdays, 12:00 noon
Hilton Santa Fe, 100 Sandoval

Rotary Club of Santa Fe Centro
Tuesdays, 8:00 a.m.
Chocolate Maven
821 W. San Mateo Rd.

Rotary Club of Santa Fe del Sur
Wednesdays, 12:00 p.m.
Red Lobster, 4450 Rodeo Dr.

Rotary Club of Taos Milagro
Wednesdays, 7:20 a.m.
Quality Inn
1043 Paseo del Pueblo Sur

Easy On-Line Make-Up Meetings

www.rotarymakeup.org
Info.? Frances deNuit
Rotary eClub of the Southwest USA
drfdenuit@yahoo.com
505-920-2600

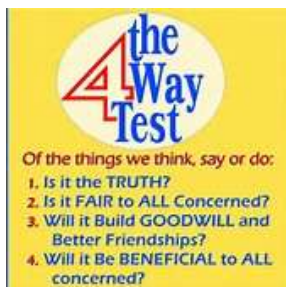


On the Road?

If you are traveling anytime of the year and plan to visit a Rotary Club, please be sure to take one of our 'trade banners' with you. They are available from our Club Secretary Becky Ehler.

Who Am I?

I build bridges. I eradicate polio.
I mentor tomorrow's leaders.
I pump clean water.
I provide shelter to disaster victims.
I build communities.
I teach the world to read.



-- May 9: **Andrea Cunningham**, chair of the **4-Way Test Essay Contest**, will introduce **LAMS Language Arts teacher Suzanne Montoya** and the **three winners** of the contest--**1st place: Griffin Light; 2nd place: Garrett Slama; 3rd place: Zachary Schraad**--who will **read their essays** and **receive award money**. -- Many thanks to **Andrea** and judges **Phil Dabney, Karen Easton, Laura Loy, Alison Pannell, Bethany Tierney, and Alex Zubelewicz**.

-- May 16: **The Hilltalkers!** Members of the always-popular **Los Alamos High School Speech and Debate Team**, under the direction of **LAHS teacher and Hilltalkers Coach Margo Batha**, will tell us about their year in practice and competition. --



Students Dylan Mauldin and Claire DeCroix will perform their duo interpretation *That's Not How I Remember It*. -- **Don't miss** the opportunity to hear and applaud these exceptional students who will demonstrate their award-winning skills. -- The Club will present the team with a **check** to support their endeavors.

-- May 23: **President-elect Laura Loy**, completing her current role as coordinator for the **Community Internship Collaboration (CIC)** at **UNM-Los Alamos**, will tell us about this internship program, a joint partnership of **Los Alamos National Laboratory, Los Alamos National Security, LLC, Los Alamos High School, and the Small Business Development Center**. -- She will also **introduce** us to **Therese Crepeau**, one of the **interns**.



-- May 30: **Youth Exchange Student Ida Mattila** will give her **end-of-the-year presentation**, sharing her observations and thoughts about her **experiences in America** since arriving in **August 2016**.



This Month's Birthdays

May 4 **Tony Chan**

I create peace through service.

I am a Rotarian.

Order Rotary Merchandise

Russell-Hampton

www.bestclubsupplies.com

800-877-8908

National Award Services

www.clubsupplies.com

800-810-2100

Recent Exchange Students



Ida Mattila Finland 2016-2017



Markus Essl Austria
Frederiek Gerretschien The Netherlands
2014 - 2015



Krissi Wallis Germany
2015-2016



Thomas Routiaux Belgium
2013 - 2014



Mille Nikolajsen Denmark
2012 - 2013



Eva Hauzar Switzerland
Samantha Hellessey Australia

- 8 Melissa Metcalf (and son Lane, too)
- 18 Chris Sierk
- 20 LeAnne Parsons
- 21 Jen McDonald
- 26 Christa Tyson
- 29 Dee Wilson
- 30 Paul Frederickson



Current Club Calendar Notes



As soon as editor Linda Hull returns from Florida, there will be updates on:

May 12:

-- UNM-LA Graduation

May 13:

-- Library Garden Clean-Up

-- Board Retreat, 2017-18

-- Deborah Beene Music Auditions



Below, just a glimpse at upcoming Rotary events.

More are listed below under

Current Club Calendar Notes. **Busy!**

- Thursday, June 1: **Joint Board Meeting (2016-17 + 2017-18), 4:15, Mesa Public Library**
- Tuesday, June 6: **Vocational Tour to Kiwanis Club meeting! 12:00-1:00, Trinity on the Hill Episcopal Church, catered lunch of ~\$10.**
- Tuesday, June 13: **Reservations required due to limited space! Vocational Tour to Tibbar Plasma Technologies! 12:00-1:00, 274 DP Rd., lunch there with Ruby K. pre-orders**
- Tuesday, July 11: **NO Meeting** (due to Thursday evening party)
- Thursday, July 13: **End of the Year Party! Fun and food with friends and family! Awards, surprises! Time and location TBA.**
- Saturday, August 26: **¡Fiesta Los Alamos! Details coming.**

Regular Monthly Meetings



-- **Monthly Board Meeting:** Our monthly Board meeting will be held **Thursday, May 11th** at **4:15 p.m.** at the offices of The **LA Daily Post** on **1247 Central Avenue.** Everyone welcome!

Where You'll Find Our Club Support

Satellite Club (STARS--Service To All Rotary Satellite); projects in Guatemala, the Dominican Republic, and South Africa; support for the Posse Lodge, LA Cares, Boy Scouts, LAHS Hilltalkers & Robotics teams, Self-Help, Family Strengths Network, Little League, Horses for Heroes, Paws and Stripes; tutoring at the library; reading in elementary schools; LAMS 4-Way Test Essay Competition; LAHS Cookies and Conversation; Students of the Month; generous financial awards to LAHS seniors; the Deborah Beene Music Awards; grants to pay for UNM-LA GED exam fees and for Books for Babies at LAMC; Polio Plus; Sonny Brown Business Award; students to RYLA leadership camp; outbound and inbound exchange students; Group Study Exchange and Ambassadorial Scholars; blood drive; LAHS Memorial Garden; Mesa Public Library Garden; Clean-Up Los Alamos; AED for Fuller Lodge; Opera on the Rocks, picnic tables for PEEC Nature Center; Banelier naturalization ceremony + more!

Where You'll Find Us Raising Funds

Annual Crab Fest:
last Saturday in February
¡Fiesta Los Alamos!:
late July or early August

HOW
WONDERFUL
IT IS THAT NO ONE HAS TO WAIT,
BUT CAN START RIGHT NOW TO
GRADUALLY CHANGE THE
WORLD!

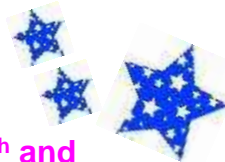
ANNE FRANK

-- **STARS (Service To All Rotary Satellite)** will meet the **first and third Wednesdays of the month: May 3rd and 17th** at **5:30-6:30** at the **VFW, 1793 Deacon St. (behind CB Fox).**



Pond.

-- **Interact:** This community-based youth organization will meet the **second and fourth Wednesdays** of the month: **May 10th and 24th** at **4:00-5:00 p.m.** at the **Teen Center on Ashley**



-- **Updates from STARS and from Interact:**

-- **STARS:** On **Friday-Sunday, May 19-21, STARS** is arranging a **Club trip--everyone welcome!--to Ciudad Juarez and Anapra, Mexico**, where they will distribute greatly-needed toys and toiletries and other supplies to children and families in impoverished areas these Rotarians have visited before.

-- **Interact:**

Interactors have adopted LA Mountain (clean-up) in cooperation with the **US Forest Service.** --They are also forging successfully ahead with recruiting students for **Bridge the Gap**, a way to offer area high school students **opportunities** to take advantage of scholarships, college counseling, and so forth.

District 5520 and Rotary International News

-- See **photos and awards** from the **District 5520 Conference** under *Notes, Thanks, and Announcements* above.

Rotary Friendship Exchange (RFE)

-- From **Donna Pedace, District 5520, RFE Chair, 505-349-8850**

Already Full! (You may ask about a waiting list.) "We have another out-bound RFE opportunity to an interesting part of the world. We will send an RFE group to **India** from **Feb. 17 - 27, 2018.** Because of the nature of this trip, we are out earlier with this notice than usual to ask, who is willing to commit to going on this trip? A **visa and some travel shots** will be needed for this trip and they take time to arrange.



This trip will probably be **very popular**, so your earliest response is suggest-ed. The last RFE to

India filled within one day of the notice. Please respond by email, so we have a date and time of the response.

The **details** of the RFE that I have so far are:

- *The group will fly into Delhi on (or before if they want) Feb. 17 and overnight at a hotel at their own expense
- *The group will then fly on to Agra on the morning of Feb. 18, where they will be picked up and the RFE will begin
- *The group will fly back to Delhi (or elsewhere for additional private touring) on Feb. 26, overnight at a hotel at their own expense, and then return home or go on for other travel on Feb. 27.

REAL GENEROSITY
TOWARD THE FUTURE

LIES IN GIVING ALL TO
THE PRESENT.

ALBERT CAMUS

LIFE'S MOST
PERSISTENT AND
URGENT QUESTION IS,
'WHAT ARE YOU
DOING FOR OTHERS?'

Martin Luther King Jr.

This RFE visit will include: Agra, Mathura, Bareilly, Jim Corbett, and Kashi-pur, with home hosting and land transportation between hosting clubs and most meals and mineral water every day. The itinerary may change to facilitate adequate arrangements within District 3110 but "Agra" will always be included in itinerary as major attraction. Agra is the home of the famed **Taj Mahal** and if you are unsure of the other areas to be visited, please do some research about them before indicating your commitment to travel on this RFE. Side trips to other historical nearby cities like Rajasthan or Kerala may be arranged.

Will Not Include: Delhi Hotel 1st & Last night, Monument entrances, special tourist rides, personal shopping, and personal expenses. Rotarians may be asked to purchase a few meals and alcoholic drinks of their choice when eating away from host families and a few sightseeing tickets. The approximate costs will be shared in advance and will be nominal.

The group will be hosted in Rotarians homes/guest houses which will have private rooms with attached bathrooms with hot & cold water and breakfast and some other meals as per daily itinerary and activities planned for sightseeing, Rotary meetings, Rotary projects, and special events.

Indian Rotarians, despite most being vegetarian and non-alcohol drinking, have indicated they will do what they can to try to accommodate guests interest in alcoholic drinks and non-vegetarian meals like: chicken, fish, lamb, with vegetarian food too. (However, a good guest should always respect the customs and culture of their hosts and eat whatever is served or quietly eat only what is acceptable to their diet.) This may not be a good RFE for those who have special restricted diets.



As usual, the first respondents to this email will be confirmed for the trip - unless you have traveled on a recent RFE, in which case you will only be confirmed if the trip does not fill with other Rotarians. **Once you are confirmed**, you will need to send a deposit check, (made out to Rotary District 5520) for \$100 per person to hold your space. When you depart on the trip, the check will be shredded. If you change your mind late in the process and decide you do not want to go and we cannot refill the spot, the check will become a donation to the District."



Waiting List at This Time: "We have an outbound RFE available for sign-up to **New Zealand**, District 9930, that will last from **Oct. 30 - Nov. 13**. Those participating will need to plan to arrive in **Auckland, NZ**, no later than Oct. 29 and spend at least one night in a hotel at their own expense, before the RFE will begin on Oct. 30. The travelers will be returned to Auckland on Nov. 13, but will probably need to overnight again and depart for home the next day. Obviously, travelers can go earlier or stay later than the RFE, but they will need to make those extended plans on their own.

The group is limited to **six (6) couples or solo travelers**. The group will visit five (5) different locations for three (3) nights each, but I do not yet know where those clubs will be. As usual, if you have recently traveled on an RFE, or are scheduled to travel on one before this RFE, you will be dropped to the bottom of the list. If it should not fill, then you would be eligible to join the group.

In addition to paying for your flights, some meals and some sightseeing, the group will split the cost for a 12-seat van that would be used to take them around the NZ district. That total cost will be approximately \$2650 NZ money, plus the gas for the van. New Zealand, Australia, and South Africa usually charge for RFE transportation, so is nothing unique in this. But, it is an expense that every-one should be aware of in adv

There has been great interest in traveling on this particular RFE so I would encourage anyone interested to respond to me **as soon as possible** and plan to put their deposit check (made out to Rotary District 5520) for \$100 per traveler in the mail to me quickly. As usual, the check will be shredded when the travelers depart on the trip. Please **respond by email (pedaceabq@aol.com)**, so I will have the day/time recorded, as I know there are many members waiting for this RFE opportunity to arrive in their email box.

I will also be taking a **stand-by list**, so let me know if you are interested in being on that list - if you are not among the first six to respond."

If you register for this trip, please consider travel arrangements through **Los Alamos Rotarian Colette Levine**, manager of **Journey Pacific**. She may have fares to New Zealand that will **save** you money! **(505) 216-9111, Colette@JourneyPacific.com, www.JourneyPacific.com**.

The RFE information below has not been updated, but is presumed accurate.

Rotary Friendship Exchange (RFE): I'd like to "alert you that we will be sending a **return group** to visit **western Oregon and northern California** next **August 3-15**. I am **not yet taking reservations** for that trip, but I thought this could give anyone



interested in joining that trip some time to think about it. Their group is coming here this coming spring, but all the hosting clubs are already set. -- We will also be hosting a group from **Australia** from **June 1-4** next year, so maybe you and your club could be thinking about whether you might like to **host that group** next summer. -- **Early 2018** we'll have another **trip to India**, for those of you who may be interested in seeing some of that fascinating country."



The President's Column: April

Dear Club,

I almost want to say that I wish we weren't so active. The meetings each week have become so full it is hard to fit everything in, and I feel like I am rushing (or forgetting something). I went to a STARS meeting about a week ago and it appears they are having the same problem. I say **"almost wish"** because it makes my job difficult, but that's not true. What it really means is that my Club is **super busy - and that is awesome!**



This month (May) we have a District Conference, and it is great that we will have quite a few members attending. I believe that besides myself, we have **Skip and Linda King, Linda Hull, Alison Pannell, and Alex Zubelewicz** - not to mention **Past Presidents Chris**

Sierk, Nancy Cerutti, and Judy Goldie, who will be joining us for the lunch to celebrate **Women in Rotary**. (I know it is a bit late for the rest of the club to consider attending, but perhaps we

can get **even more members to attend next year.**) It is a great way to support our Club, and the event is accessible, entertaining, and informative for all Rotary members. Aside from getting to know other people, Clubs and what they are doing, it is fantastic for get-ting new ideas on what we may be able to do in the future. Please take a minute to consider and look at your schedule right now - it will be held again next year at about this time. **(Editor's Note: The 2018 District Conference** will be held **May 3-6** at the **Eldorado Hotel** in **Santa Fe; Donna Pedace**, the **Rotary Friendship Exchange co-ordinator**, is the **chair of the conference committee.**)

So let's see, in the **next three months** I get the opportunity to represent our Club and District at three different conferences: **District 5520 Conference (Albuquerque)**, **Rotary Inter-national Convention (Atlanta)**, and **South Central Rotary Youth Exchange (Houston)**. All I can



say is **thank you** for the honor - being a Rotarian is so much fun!



Your Happy President,



Rob Metcalf
President, 2016-17



